

Harrisburg, Pennsylvania Outdoor Karate Tournaments



Breath of Nature
September 5, 2009
9:00 AM
Registration 8:00



Entry Fee \$40 for all Events

Only \$35 if you register by August 19th or by
September 2nd for online registration

No Refunds will be given if you do not show or are late for your division.

Spectators admitted free

Runner-up medal for all competitors ages 11 & under

These tournaments are covered by Black Belt Magazine, Action Martial Arts Magazine, and Sport Karate International Magazine, and are open to all styles of martial arts; hard or soft, traditional or modern. In addition these tournaments are held in conjunction with two of the largest outdoor festivals in Pennsylvania. When you are not competing, you will be able to enjoy food, games, rides, music, and plenty of children's activities. All of this is within a short walk from the tournament site. This gives competitors and their families optional activities that they can pursue while waiting for the next event.

Directions

From I-81

I-81, New Exit 66 (Old Exit 22), Front Street, left on Forester, right on Third, right on Walnut, left on Front, right on Market, go across bridge to City Island and follow tournament signs.

From PA turnpike or I-83

PA turnpike to New Exit 242 (Old Exit 18), I-83 north to New Exit 43 (Old Exit 23), 2nd St, Left on Market, go across bridge to City Island and follow tournament signs.

For More Information Contact:

Tom Joerg
Joerg's American Karate Studio
43 E Locust St.
Mechanicsburg, PA 17055
(717) 697-2941
joergs@joergskarate.com
www.joergskarate.com

Trophies for 1st, 2nd, 3rd & 4th Places
(All competitors: ages 10 & under, who do not place in the top 4, will receive medals)

The promoter reserves the right to divide or combine divisions based upon the number, age, sex, or rank of the competitors.

*FIGHTING – Under Belt fighting will be 2 minutes, 3 points wins. (Black Belt fighting will be decided the day of each event) Foam-dipped hand, foot, head, shin, mouth, and groin protection mandatory. No targets below waist and no head contact, sweeps or leg checks. Kicks and punches each count one (1) point. There must be at least two (2) competitors for a fighting division to be run. Trophies will NOT be awarded in a fight division with only one (1) competitor.

FORMS – Musical and Soft Style Divisions will be added at Black Belt Levels only. (3 or more needed to create a division)

UNDER BLACK BELT RANKS - Beginner is for children ages 6 & Under with less than six months experience. (White Belts Only)
 Novice is generally a white/yellow/orange belt.
 Intermediate is generally a green/blue/purple belt.
 Advanced is generally a red/brown belt.

Handicapable Divisions will be created the day of the event as needed.

Black Belt Divisions

Black Belt Weapons Forms		Black Belt Open Hand Forms		Black Belt Fighting*	
Men	Women	Men	Women	Men	Women
18-29 30-39 40-49 50 & Older	18-29 30-39 40 & Older	18-29 30-39 40-49 50 & Older	18-29 30-39 40 & Older	12 & Under 13-14 15-17 18-29 Lt Wt -165 lbs. 18-29 Ht Wt 165+ lbs. 30-39 Lt Wt Under 165 lbs. 30-39 Ht Wt 165+ lbs. 40-44 45-49 50-54 55-59 60-64 65& Older	18-29 30-29 40 & Older Girls 16 & Under divisions will be determined the day of the event
Boys & Girls Combined 14 & Under 15-17		Boys & Girls Combined 14 & Under 15-17			

Under Black Belt Divisions

Under Black Belt Weapons Forms		Under Black Belt Open Hand Forms		Under Black Belt Fighting*	
Men	Women	Men	Women	Men	Women
18-34 Nov 18-34 Int 18-34 Adv 35 & Older - Nov 35 & Older - Int 35 & Older - Adv	18-34 Nov 18-34 Int 18-34 Adv 35 & Older - Nov 35 & Older - Int 35 & Older - Adv	18-34 Nov 18-34 Int 18-34 Adv 35 & Older - Nov 35 & Older - Int 35 & Older - Adv	18-34 Nov 18-34 Int 18-34 Adv 35 & Older - Nov 35 & Older - Int 35 & Older - Adv	6 & Under Beg W / 6 months or Less Experience 7-8 Nov, Int, Adv 9-11 Nov, Int, Adv 12-13 Nov, Int, Adv 14 - 15 Nov, Int, Adv 16 - 17 Nov, Int, Adv 18-34 Nov 18-34 Int 18-34 Adv 35 & Older - Nov 35 & Older - Int 35 & Older - Adv	6 & Under Beg W / 6 months or Less Experience 7-8 Nov, Int, Adv 9-11 Nov, Int, Adv 12-13 Nov, Int, Adv 14 - 15 Nov, Int, Adv 16 - 17 Nov, Int, Adv 18-34 Nov 18-34 Int 18-34 Adv 35 & Older - Nov 35 & Older - Int 35 & Older - Adv
Boys & Girls Combined Weapons Forms 6 & Under - Beg W / 6 months or Less experience / White Belts 6 & Under Nov, Int, Adv 7-8 Nov, Int, Adv 9-11 Nov, Int, Adv 12-13 Nov, Int, Adv 14-15 Nov, Int, Adv 16-17 Nov, Int, Adv		Boys & Girls Combined Open Hand Forms 6 & Under - Beg W / 6 months or Less experience / White Belts 6 & Under Nov, Int, Adv 7-8 Nov, Int, Adv 9-11 Nov, Int, Adv 12-13 Nov, Int, Adv 14-15 Nov, Int, Adv 16-17 Nov, Int, Adv		* There must be at least two (2) competitors for any Grand Champion division to be run *	

11 BLACK BELT GRAND CHAMPIONSHIPS

Junior Black Belt Forms Grand Champion (Boys & Girls, Weapons & Open Hand Combined)

18-& Older Womens Open Hand	Womens 18-29 vs 30 & Older Fighting
18-& Older Mens Open Hand	Mens 18-39 Light Weight vs 18-39 Heavy Weight
18 & Older Mens & Womens Weapons Forms Combined	Mens 40-44 vs 45-49 Senior Mens Fighting
50-& Older Mens & Womens Weapons & Open Forms Combined	50-54 vs 55-59 Executive Men Fighting
14 & Under Weapons & Open Hand Junior Black Belt	60-64 vs 65 & Older Super Executive Mens Fighting
15, 16, 17 Weapons & Open Hand Junior Black Belts	

2009 Outdoor Karate Tournaments

Make Checks Payable To: Joerg's American Karate Studio
43 East Locust Street
Mechanicsburg, PA 17055
Tournaments will start at 9:00 AM, Registration at 8:00 AM

Breath of Nature (9/5/09) _____ \$40 (all events) **\$35 Before August 19th** (September 2nd online)
_____ Weapons Forms _____ Open Hand Forms _____ Sparring

The tournament will be held rain or shine and no refunds will be given if you do not show or are late for your division.

NAME:(print) _____ AGE _____

ADDRESS: _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

PHONE: _____ SEX _____

STYLE _____ BELT _____

INSTRUCTOR _____

RELEASE OF LIABILITY

I realize fully that participation in the above-mentioned event(s) places myself at risk of injury/death due to the physical nature of the sport, and the contact it produces to the body. Even though martial arts competition is one of the safest sports in America (rated #23 by the US Olympic Committee) statistically, one must be in good physical health to participate, and one must abide by the strict rules that the events impose to protect against injury. I certify I am in good health, and that I will abide by the rules of the event. I also certify that I am fully insured in case of injury (either self or by another party) . I also release Joerg's American Karate Studio, the City of Harrisburg, and their designees, and all those responsible for managing, producing, or sponsoring the events from any and all liability, claims, or causes for action, as a result of my participation in the event. Any claims for damages of any type arising before, during, or after the event by myself, my relatives, heirs or anyone representing me are hereby waived. I certify that I have had all questions satisfactorily answered concerning the nature of the event in which I am participating. Complete tournament rules are available to anyone requesting them.

Signed _____ Date _____

Parent/Guardian _____

If under 18 years of age Parent/Guardian signs with the same release of liability as though they are competing themselves, and are under the same obligations of inquiry into the nature of the sport of karate competition.

If you do not want to receive e-mails from us, please check box (J.A.K.S. and H.M.A.A. shares a mailing list).

If you do not want to receive postal mail from us, please check box (J.A.K.S. and H.M.A.A. shares a mailing list).

Please visit <http://www.joergskarate.com> & click on the current events page if you would like to pre-register on-line.